

Handwashing 101

Wash your hands often, as necessary, especially before and after handling food.



BAHFSA

THE BAHAMAS AGRICULTURAL HEALTH & FOOD
Food Safety & Quality Unit



1

Wet your hands before applying soap



2

Rub liquid soap all over your palms, the backs of your hands, and in between your fingers



3

Do this process for at least 20 seconds before rinsing



4

Wipe your hands with a clean paper towel or dry under an electric hand dryer.



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