



BAHFS
THE BAHAMAS AGRICULTURAL HEALTH & FOOD
SAFETY AUTHORITY

**FOOD SAFETY
&
QUALITY UNIT**



HURRICANE PREPAREDNESS FOOD KITS

Before The Storm

Pack Food Kit with :

- ✔ Sanitary wipes, paper towel, hand sanitizer, liquid soap
- ✔ Small canned food and opener
- ✔ Crackers, cookies, granola bars, nuts etc.
- ✔ Biodegradable utensils, cups and plates
- ✔ Bottled water for drinking
- ✔ Vitamins, medication and First aid Kit
- ✔ Portable single burner with 2-4 fuel cans
- ✔ Small to Medium sized pot with cover
- ✔ Small bottle of bleach, a dropper, 1 gallon bottle

Sanitizing
solution:
1Tbs bleach/
gal. water

Note:

- Include 5 day supply food in kit that require no refrigeration
- Pack kit at least one month before start of hurricane season
- Empty kit one month after the season

During The Storm

Ensure that the Food Kit:

- ✔ Remains intact during the storm if possible
- ✔ Is easily accessible for a quick exit
- ✔ Is secured on higher ground if flooding occurs
- ✔ Is not too heavy to carry

After the Hurricane Food Kit Ready for Use

- ✔ Open kit in a secure location
- ✔ Inspect kit; discard unsafe items
- ✔ Boil or sanitize water before drinking with bleach (8 drops/gal. water) if you run out of bottled water
- ✔ Prepare foods in a sanitary and safe manner; as much as possible
- ✔ Sanitize cans before opening
- ✔ Sanitize work area before handling food